

Mess Menu

Week	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
WEEK 1	<p>Mom : Milk & biscuit Breakfast: poha Lunch : Arhar Dal, aalo patta gobhi, Jeera rice, Chapati, Salad Snacks: Samose & Fruits Dinner : White curry kofta, Seasonal Veg, Chapati</p>	<p>Mom: Milk & bread jam Breakfast : Veg Noodles Lunch : Rajma, Gobhi - Aaloo ,Rice, Chapati, Salad Snacks : Bhelpuri & Fruits Dinner : Stuffed capsicum, Mix Dal, bhara shimla chapati Sweet Dish : Kheer</p>	<p>Mom : Milk & biscuit Breakfast: aalo puri Lunch: Kadhi, Gajar-Matar , Rice, Chapati, Salad Snacks: Mathri & Fruits Dinner: Malka Masoor Dal, Mix Veg, Chapati</p>	<p>Mom : Milk & bread jam Breakfast : biryani with chatni Lunch : dal makhani, jeera aalo, chapati, salad Snacks : chana chat & Fruits Dinner : Soyabean Bari, Baingan Bharta, Chapati</p>	<p>Mom : Milk & Biscuit Breakfast : Pasta Lunch: kaali daal, lauki Snacks : Dhokla with chatni & Fruits Dinner : aalo matar, Bhaji, Chapati Sweet Dish : Suji Halwa</p>	<p>Mom : Milk & bread jam Breakfast : pav bhaji Lunch : Chhole, kaddu, Rice, Chapati, Salad Snacks : maggi & Fruits Dinner : Dal, Mix Veg with Paneer, tandoori roti</p>	<p>Mom : Milk & Biscuit Breakfast: Aloo Sabji Bedai Lunch: matar Pulao with Chatni Snacks: Bhajia & Fruits Dinner : Palak Aloo gravy, katha, chapati</p>
WEEK 2	<p>Mom : Milk & bread jam Breakfast: veg noodles Lunch: kadhi, bhindi, Salad rice, chapati Snacks: Samose & Fruits Dinner: chana daal, Bharwan baingan, Chapati</p>	<p>Mom : Milk & Biscuit Breakfast : poha Lunch: chole bhature, Salad Snacks : bhelpuri & Fruits Dinner : Lauki kofta, Seasonal veg, chapati Sweet Dish : meethi boondhi</p>	<p>Mom : Milk & bread jam Breakfast: Sabudana Khichdi Lunch: rajma, Aloo-palak , Rice, Chapati, Salad Snacks : mathri & Fruits Dinner : masoor daal, Aloo-gobhi , Chapati</p>	<p>Mom : Milk & Biscuit Breakfast: biryani with chatni Lunch: idli sambhar Snacks : Matar Chat & Fruits Dinner : bengan-aalo, gajar matar, chapati</p>	<p>Mom. Milk & bread jam Breakfast: namkeen semai Lunch: daal makni , patta gobhi mattar, rice, chapati, salad Snacks: dhokla & Fruits Dinner: moong Bari, Baingan Bharta, Chapati Sweet Dish : suji halwa</p>	<p>Mom : Milk & Biscuit Breakfast: Pasta Lunch: arhar daal, arbi, Rice, Chapati, Salad Snacks: finger chips & Fruits Dinner: matar paneer , Mix Veg, chapati</p>	<p>Mom : Milk & bread jam Breakfast: aalo paratha Lunch : tehri with chatni Snacks : bhajia & Fruits Dinner : lauki ke kofta, aalo bengan/sem, Chapati</p>
WEEK 3	<p>Mom : Milk & biscuit Breakfast: poha Lunch : Arhar Dal, Aloo-gobhi, Jeera rice, Chapati, Salad Snacks: Samose & Fruits Dinner : Aloo - Matar Curry, seasonal veg, Chapati</p>	<p>Mom: Milk & bread jam Breakfast : Veg Noodles Lunch : Rajma, Gobhi - Aaloo ,Rice, Chapati, Salad Snacks : Bhelpuri & Fruits Dinner : Mix Dal, bhara shimla mirch, chapati Sweet Dish : sahi toast</p>	<p>Mom : Milk & biscuit Breakfast: aalo puri Lunch: Kadhi, Gajar-Matar , Rice, Chapati, Salad Snacks: Mathri & Fruits Dinner: Malka Masoor Dal, Mix Veg, Chapati</p>	<p>Mom : Milk & bread jam Breakfast : biryani with chatni Lunch : dal makhani, jeera aalo, chapati, rice, salad Snacks : chana chat & Fruits Dinner : Soyabean Bari, baingan ka bharta, Chapati</p>	<p>Mom : Milk & Biscuit Breakfast : Pasta Lunch: kaali daal, lauki, rice, chapati, salad Snacks : Dhokla with chatni & Fruits Dinner : aalo matar, bhindi, Chapati Sweet Dish : balusahi</p>	<p>Mom : Milk & bread jam Breakfast : pav bhaji Lunch : Chhole, kaddu, Rice, Chapati, Salad Snacks : maggi & Fruits Dinner : Dal, Mix Veg with Paneer, tandoori roti</p>	<p>Mom : Milk & Biscuit Breakfast: Aloo Sabji Bedai Lunch: matar Pulao with Chatni Snacks: Bhajia & Fruits Dinner : Palak Aloo gravy, katha, chapati</p>
WEEK 4	<p>Mom : Milk & Biscuit Breakfast: veg noodles Lunch: kadhi, bhindi, rice, chapati, salad Snacks: Samose & Fruits Dinner: chana daal, Bharwan baingan, Chapati</p>	<p>Mom : Milk & bread jam Breakfast: poha Lunch: chole bhature, Salad Snacks : bhelpuri & Fruits Dinner : lauki Kofta, seasonal veg, chapati Sweet Dish : Meethi Boondi</p>	<p>Mom : Milk & Biscuit Breakfast: sabudana khichdi Lunch: rajma, aalo palak, rice, chapati, salad Snacks: matri & Fruits Dinner : masoor daal, aalo Gobhi, Chapati</p>	<p>Mom : Milk & bread jam Breakfast: biryani with chatni Lunch: idli sambhar Snacks : matar chat & Fruits Dinner : Besan Aloo, gajar matar , Chapati</p>	<p>Mom : Milk & Biscuit Breakfast: namkeen semai Lunch: Dal makhni, patta gobhi, Rice, Chapati, Salad Snacks: dhokla with chatni & Fruits Dinner: Soyabean Bari, Dum Aloo, chapati Sweet Dish : besan burfi</p>	<p>Mom : Milk & bread jam Breakfast: Pasta Lunch: arhar daal, arbi, Rice, Chapati, Salad Snacks: finger chips & Fruits Dinner: matar paneer , Mix Veg, chapati</p>	<p>Mom : Milk & Biscuit Breakfast: aalo puri Lunch: chole pulav, with chatni Snacks: bhajia & Fruits Dinner: lauki kofta, Bhindi, chapati</p>
WEEK 5	<p>Mom : Milk & bread jam Breakfast: namkeen semai Lunch : chole, Aaloo-gobhi , Jeera rice, Chapati, Salad Snacks: Samose & Fruits Dinner : dal, Seasonal Veg, Chapati</p>	<p>Mom : Milk & Biscuit Breakfast : bav bhaji Lunch : idli sambhar Snacks : Chana Chat & Fruits Dinner : Stuffed capsicum, Mix Dal, Chapati Sweet Dish : Sahi Toaste</p>	<p>Mom : Milk & bread jam Breakfast: poha Lunch: dal makhani , jeera aalo, chapati Snacks : Bhelpuri & Fruit Dinner: Soyabean/Moong ki Bari, aalo sem, Chapati</p>	<p>Mom : Milk & Biscuit Breakfast : veg biryani Lunch : Kadhi, Aloo palak, Rice, Chapati, Salad Snacks : French fries & Fruits Dinner : lauki Kofta Curry, Gajar-Matar, Chapati</p>	<p>Mom : Milk & bread jam Breakfast : Bhedai with sabji Lunch: rajma , jeera-aalo, rice, chapati, salad Snacks : Dhokla with chatni & Fruits Dinner : dal, bhara baingan Chapati Sweet Dish: Meethi Boondi</p>	<p>Mom : Milk & Biscuit Breakfast : sabudana khichdi Lunch : Kali Masoor Dal, Seasonal Veg, Rice, Chapati, Salad Snacks : Bhajia & Fruits Dinner : Dal tadka, Mix Veg , chapati</p>	<p>Mom : Milk & bread jam Breakfast : aalo paratha Lunch : Taheri Snacks : maggi & Fruits Dinner : Palak Aloo gravy, Cabbage-Matar , chapati</p>

Note : Menu may change as per the seasonal vegetable available or under some imp circumstances